

# MALNOURISHED PATIENTS DON'T HAVE TIME TO WASTE

## Evidence-based stepwise approach to nutrition support<sup>1</sup>

ONS shall provide at least 400 kcal/day including 30 g or more of protein/day and shall be continued for at least one month. Efficacy and expected benefit of ONS shall be assessed once a month.



**WARD**

HOSPITAL WARD

.....

High Energy  
High Protein needs  
Low volume ONS  
High protein tube feed




COMMUNITY/HOME CARE (NURSING)

.....

High Energy  
High Protein needs  
Low volume ONS




COMMUNITY/HOME CARE (NURSING)

.....

High Energy,  
High Protein needs, ONS




COMMUNITY/HOME CARE (NURSING)

.....

High Energy,  
High Protein needs



<sup>1</sup>) Barazzoni R et al, endorsed by the ESPEN Council. ESPEN expert statements and practical guidance for nutritional management of individuals with SARS-CoV-2 infection. Clin Nutr 2020;39:1631-38.